APRIL 17, 1897]

The Hursing Record & Bospital Morld.

heart so short a while before his death ; but, if in reality he was able to render Mary such a service as is here described, he must have felt that he had not lived in vain.

G. M. R.

Bookland.

"IN HOSPITAL."

DISCHARGED.

CARRY me out Into the wind and the sunshine, Into the beautiful world.

O the wonder, the spell of the streets ! The stature and strength of the horses, The rustle and echo of footfalls, The flat roar and rattle of wheels ! A swift tram floats huge on us It's a dream !

The smell of the mud in my nostrils Blows brave-like a breath of the sea.

As of old,

Ambulant, undulant drapery, Vaguely and strangely provocative, Flutters and beckons. O yonder— Scarlet !—the glint of a stocking, Sudden a spire Wedged in the mist ! O the houses, The long lines of lofty grey houses, Cross-hatched with shadow and light! These are the streets Each is an avenue leading Whither I will !

Free Dizzy, hysterical, faint, I sit, and the carriage rolls on with me Into the wonderful world.

A Book of Verses, W. E. HENLEY.

WHAT TO READ.

"Sixty Years a Queen : a Story of Her Majesty's Reign," by Sir Herbert Maxwell, Bart., M.P., Part I. To be completed in eight fortnightly parts. There is a coloured frontispiece, and the work will be profusely illustrated, chiefly from the Royal collection, by special permission. It promises to be an interesting and sumptuous book. "The Eufen of Nelson. The Embediment of the Sea

"The Life of Nelson. The Embodiment of the Sea Power of Great Britain," by Captain A. T. Mahan, D.C.L., LL.D., United States Navy. "The Treasure of the Humble," by Maurice Maeter-linck. Rendered into English by Alfred Sutro. "Yekl; a tale of the New York Ghetto," by A, Caban

Cahan.

anan. "Opals," by Olive Custance. "A Bit of a Fool," by Sir Robert Peel. "Scarlet and Steel: Some Modern Military Episodes.

"King Noanett," by F. J. Stimson. "Tales from the Isles of Greece," translated from the Greek of Angyris Ephlatiotis by W. H. D. Rouse. "Life and Labour of the People," by Charles Booth.

Coming Events.

April 22nd.-Promenade Concert promoted by the minor branch of the Civil Service at the Imperial Institute, in aid of the Prince of Wales's Hospital Fund, to commemorate the 60th year of the Queen's reign

April 30th.—Fifth Sessional Lecture, Royal British Nurses' Association, 17, Old Cavendish Street, W. ; "The Failures and Successes of Private Nurses," by Miss G. Scott (late Matron of the Sussex County Hospital.)

May 6th.-Princess Christian attends the St. John May 6th.—Princess Christian attends the St. John Ambulance Fête and Competition at the Crystal Palace in commemoration of the Diamond Jubilee, and opens the Victorian Exhibition. May 7th.—Children's Tribute for the Queen's Jubilee Nurses at the Mansion House. Mrs. Jack Johnson will give "The Children's Story of the Queen's Reign." The Lady Mayoress will preside.

Aetters to the Editor. Notes, Queries, &c.

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.

PHYSICAL EDUCATION. To the Editor of " The Nursing Record."

DEAR MADAM,—I was interested in the review of Miss Johnson's book on "The Swedish System of Physical Education," but I think Swedish treatment for disease is much more practised in London and elsewhere than she is aware of, and with such ex-cellent results that the wonder is that it is not more recognised as a therapeutic agent-and a most valuaable one. I sent the review to a Swedish gentleman who practises in London, and he has written the following letter which I have copied, and would be glad if you will insert it in the NURSING RECORD. I have seen and derived so much benefit from the treatment, that I am always anxious to persuade others to try it too.

The most difficult people to persuade are generally doctors, who in most cases know nothing about it or its methods, and yet unhesitatingly pronounce it quackery.

Yours faithfully,

M. E. W.

THE COPY OF THE LETTER.

"I have never heard of Miss Johnson, but I have read with interest the report of the book. I know of Mrs. Bergman-Osterberg as being what we call a 'frisk gymnast,' *i.e.*, having a school for educational gymnastics for children, but although educational and medical gymnastics are very closely allied, the latter





